

# Riverside Health Centre

Station Road, Manningtree, Essex, CO11 1AA

Tel: 01206 397070

[www.riversidehealthcentre.org.uk](http://www.riversidehealthcentre.org.uk)

## Partners:

**Dr Ada McMahon** MBBS 1997 MRCGP 2009 DFSRH DRCOG

**Dr Simon Butcher** MBBS 1999 MRCGP 2015

**Dr Joshua Arkley** MBBS 2007 MRCGP 2012 DFSRH 2011

## Salaried GPs:

**Dr. Laura Muckart** – MbChB 2008 MRCGP 2013

## Nurses:

**Mr John Buckley** RGN 1986 (Nurse Practitioner)

**Mrs Jo Weeden** RN 2006

**Mrs. Hannah Jenkin** RN 2008

**Mrs. Rachel Jeremiah** RN 2015

## OPENING HOURS

Monday – Friday: 8.00am – 1.00pm & 2.00 – 6.00pm

## DISPENSARY OPENING HOURS

Monday – Friday: 8.30am – 1.00pm & 2.00 – 6.00pm

## PHLEBOTOMY (Blood Taking) CLINIC

Monday – Friday 8.00am – 11.00am

*blood test appointments can also be booked Mon-Fri 8.30-4.30pm for different locations see:*

<http://www.swiftqueue.co.uk/colchesterpcc.php>

*you will need blood test forms, these should be requested & collected from reception before booking an appointment.*

## BABY CLINIC

Tuesday & Wednesday 1.30pm – 3.00pm

For childhood immunisations and 8 week post-natal examinations.

## PHYSIOTHERAPY CLINIC

Tuesday & Thursday Afternoon

## COIL/IMPLANT CLINIC

Tuesday – Thursday on certain weeks.

## SOCIAL PRESCRIBERS & SPECIALIST SOCIAL PRESCRIBER

Help and advice with benefit forms, blue badges, bereavement, weight management and much more, please ask at reception.

## INFORMATION ABOUT THE PRACTICE

This dispensing practice was purpose built in 1991 and is ground floor. There is adequate parking at the rear of the practice. We dispense medication to those patients who live more than one mile, as the crow flies, from a community pharmacy. Please ask if you are unsure in this regard.

## APPOINTMENT SYSTEM

Appointments are requested through Anima, this is an Online triage platform. Your requests are submitted and triaged by a Clinician and dealt with appropriately this could be advise given, Telephone/Face to Face appointment etc.

Anima can be found through our website or if you don't have the internet or simply need support filling this out please contact the surgery.

Anima opens at 07.30am for medical requests and closes once at capacity for the day. Admin requests for example sick/fit notes, test results, medication queries and more can be submitted any time until capacity for that day has been reached.

## EXTENDED ACCESS

We can offer various types of appointments Mon-Fri evenings and Saturday mornings at our Colte Partnership Hubs or via telephone consultation. Please ask Receptionist for further information.

## CANCELLATIONS

Please phone or use online access to cancel appointments if you no longer require them. Our appointment system cannot operate efficiently if patients fail to keep appointments. Persistent DNAs (Did Not Attend) may be at risk of leaving the Practice.

## HOME VISITS

Home visits are triaged on clinical need and are at the discretion of the Doctor. Please be aware that a GP can see up to 5 patients in the surgery in the time it takes to do one home visit, also the facilities for examination and treatment are far better at the surgery. If you need a visit please phone before 10.30am, if possible, so that the doctors can plan visits.

## CLINICAL PHARMACIST

On selected days for medication reviews via telephone consultation

### CONFIDENTIALITY

Patients and their relatives are respectfully requested not to ask for any details of adult patients at this surgery. All our staff are bound by a code of confidentiality. Please do not embarrass them by requesting information they are unable to disclose.

### TEST RESULTS

It is essential and **your** responsibility to enquire about test results. Most test results take at least 5 days to come through. X-rays can take 7 – 10 days. Please phone in the afternoon for results. Please also be aware that unless we have written consent, we are only able to give the results to the patient to whom the result relates (unless a child).

These can also be accessed via NHS App.

### CHANGE OF NAME/ADDRESS

It is vital the practice has your current address. Please complete a change of address form as soon as possible. Please inform us if you change your telephone number.

### ORDERING MEDICATION

We **do not** accept requests for repeat medication over the telephone or via email. Please use the right hand side of your last prescription and hand it in to the surgery or use our online access system\*, **at least 3 working days** before you need it. Please ensure you make an appointment, when requested, for a medication review.

*\*To get online access, please see reception or dispensary to register. You will need to provide photo ID in order to receive this service.\**

For **urgent** medication enquiries out of hours, contact 111.

### SUMMARY CARE RECORD

Practices are required to enable successful automated uploads of any changes to a patient's summary information, at least on a daily basis to the Summary Care record.

Having your Summary Care Record available will help anyone treating you without your full medical record. They will have access to information about any medication you may be taking and any drugs that you have a recorded allergy or sensitivity to.

Riverside Health Centre is already live with SCR. However, if you do not want your medical records to be available in this way then you will need to let us know so that we can update your record. Please see the receptionist for an 'opt out form'.

### PATIENT PARTICIPATION GROUP (PPG)

We have an active PPG group at the surgery and welcome new members to join the group.

### SICKNESS CERTIFICATES

Please do not ask for sickness certificates for the first seven days of sickness. The guidelines state specifically that we are not required to issue statements of incapacity to work for periods lasting 7 days or less, or for the first 7 days of longer spells. This puts an unnecessary burden on our appointment system, to the detriment of those with a real need to see the doctor.

### PRIVATE CERTIFICATES

You may require a private certificate from the doctor - a fee is chargeable for this service.

### NON-NHS EXAMINATIONS AND WORK

Medical examinations and certification for special purposes, e.g. HGV, PSV, taxi driver, elderly drivers, pre-employment and insurance can be arranged. Fees for these services are payable in advance. There is an up to date list of fees payable in the waiting room. The practice is VAT registered – VAT No. 269 6237 63.

### COMPLIMENTS, COMMENTS & COMPLAINTS

We are always happy to receive patients' comments as to how we can improve the service we offer. Should you have any suggestions, please discuss them with the staff or put them in writing to the Practice Manager. We sincerely hope that you have no reason to complain, but if you do, we have a comprehensive complaints procedure – please ask to speak to the Practice Manager.

### PATIENT SUGGESTION FORMS

Are available in the foyer.

### OUT OF HOURS

If you need advice or medical/dental information outside normal hours even if urgent, please ring **NHS 111** by dialling **111**. You will be connected to a call handler who will help you.

**Urgent Treatment Centre** – next to A&E at Colchester Hospital

### GENERAL DATA PROTECTION REGULATIONS (GDPR)

The practice adheres to the rules and regulations of these regulations with regard to information held on computer about you, and access to it.

## **WELCOME TO RIVERSIDE HEALTH CENTRE**

PLEASE DO NOT HESITATE TO CONTACT US IF YOU HAVE ANY QUESTIONS ABOUT OUR PRACTICE.

**V.14 02/25**